

PROGRAMS, DURATION

Program	Duration	Rate
1) Body massage + Head massage	1 hour	₹1700/-
2) Special Body Massage (Body Massage + Head Massage + Face Massage + Foot massage + Steam Bath)	1.30 hours	₹5000/-
3) Body Massage + Shirodhara	1.30 hours	₹1800/-
4) Pizhichil	1 hour	₹3500/-
5) Special Njavara Kizhi	1.30 hours	₹1800/-
6) Special Ila Kizhi	1 hour	₹1600/-
7) Special Podi Kizhi	1 hour	₹1800/-
8) Special Naranga Kizhi	1 hour	₹1700/-
9) Special Mutta Kizhi	1 hour	₹1700/-
10) Njavara Theppu	1 hour	₹1800/-
11) Sarasa Njavara Kizhi/Theppu	1 hour	₹2000/-
12) Special Head & Face Massage	30 mts	₹500/-
13) Shirodhara (Dhara using Medicated buttermilk/Medicated Oil	30 mts to 45 mts	₹800/- to ₹1200/-
14) Post Delivery Care -7/9/11 days post partum care with Ayurveda herbal Kizhi Bath & fumigation		₹1800/- per day
15) Leech Therapy (Rakthamokshanam)	1 hour	₹500/-
16) Agnikarma/ Thermal couterization-	1 hour	₹500/-

PACKAGES

- ☐ Food and Accommodation provided.
- ☐ Rooms - both A/C and Non A/C - available
- ☐ Price of food and accommodation will be charged separately.

•Rate may vary according to the medicine selected